

V75

user's manual



Welcome to use our high-performance wristband smartwatch to create a thoughtful health experience for you.
Please fully charge before use.

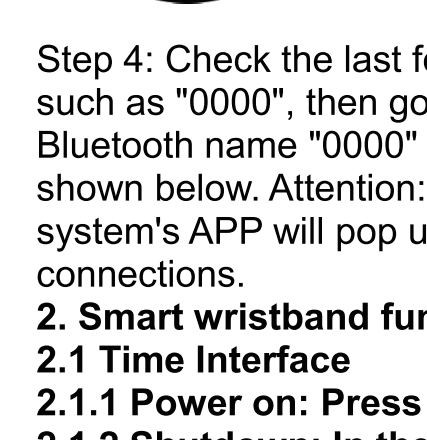
APP: Da Fit

1. Download and pairing

1.1 Long press the side button to open.

1.2 Scan the QR code below to install the Da Fit app, or download "Da Fit" from the app store and install it on Google Player.

Compatible systems: Android 4.4 and above, iOS 8.0 and above



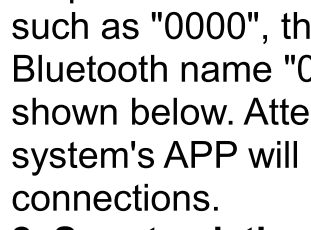
(For downloading APP applications only)

1.3 Open the mobile app and select the device to be bound in the app device list

Step 1: Turn on your phone's Bluetooth

Step 2: Open the "Da Fit" application and click "Add Device" to connect.

Step 3: Open the phone menu on the watch.



Please pair the phone call bluetooth

Step 4: Check the last four digits of the MAC address "About" in the watch menu, such as "0000", then go to "Set Bluetooth" on your phone and search for the same Bluetooth name "0000" as the last four digits to complete the BT connection, as shown below. Attention: Turn on the call switch in the watch settings menu. The iOS system's APP will pop up a window to check if links are allowed. Click to allow call connections.

2. Smart wristband function

2.1 Time Interface

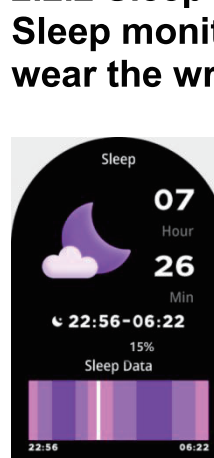
2.1.1 Power on: Press and hold the side button for 3 seconds.

2.1.2 Shutdown: In the time interface, press the side button for 3 seconds, and then click the "√" icon to shut down

2.1.3 Switching face: Based on the main face, long press the screen to replace various dials. The watch dial can be downloaded from the app. You can upload your favorite pictures as the dial.

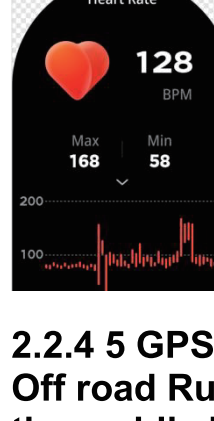
2.2 Function Menu

2.2.1 Activity Record (Step Record)

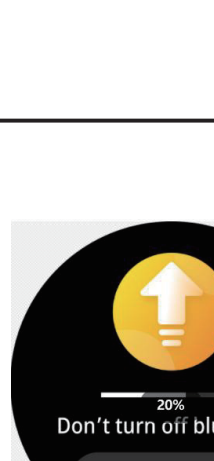


2.2.2 Sleep Monitor

Sleep monitoring time: 20:00 to 10:00 in the morning. Please make sure to wear the wristband device



2.2.3 Heart rate monitor (If a 24-hour monitor is required, please open "All day heart rate" under the "Other" menu in Da Fitapp)

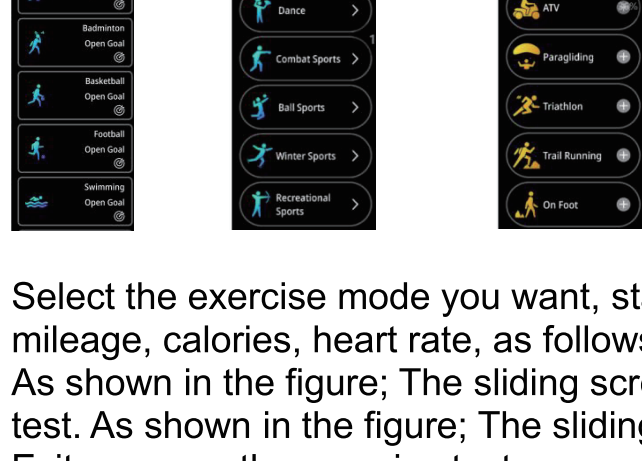


2.2.4 5 GPS exercise modes (GPS Walk, GPS Run, GPS Outdoor Cycling, GPS Off road Running, GPS Hiking) App All exercise data will be synchronized to the mobile Da Fit App

The first time using GPS function, it is necessary to connect to the APP to update the ephemeris data in order to use it normally

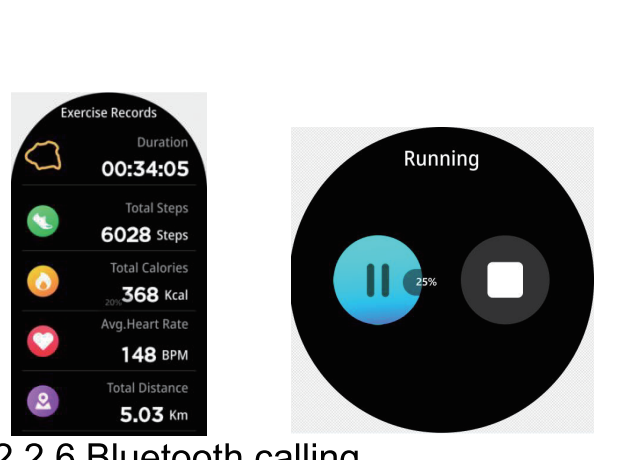


The GPS sport mode needs to wait for the GPS positioning to be successful before it can be used normally. (First use takes about 30 seconds, restart takes about 15 seconds) It is recommended to use in an open area. Any building can cause positioning deviation



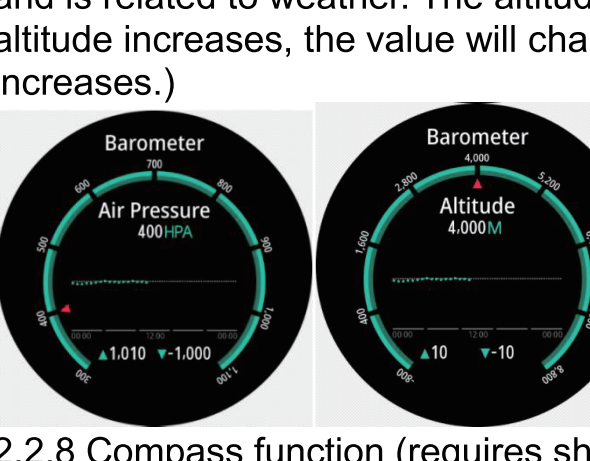
2.2.5 Sports (107 sports modes: walking, running, cycling, skipping rope, badminton, basketball, football, etc.)

All exercise data will be synchronized to the mobile Da Fit App

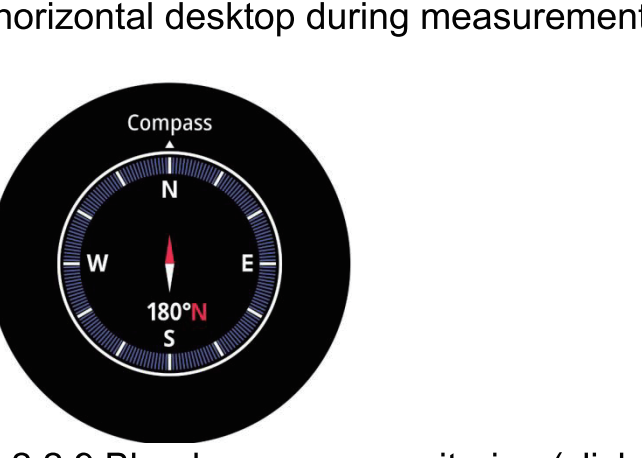


Select the exercise mode you want, start testing and display all exercise data: mileage, calories, heart rate, as follows

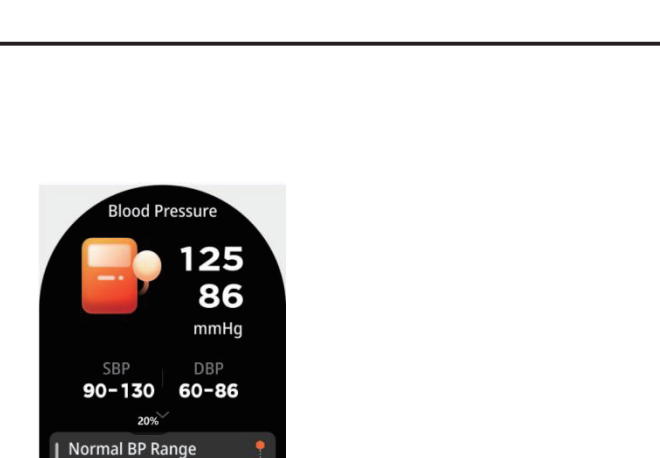
As shown in the figure; The sliding screen on the left can exit or pause the exercise test. As shown in the figure; The sliding screen on the left can be retracted Exit or pause the exercise test.



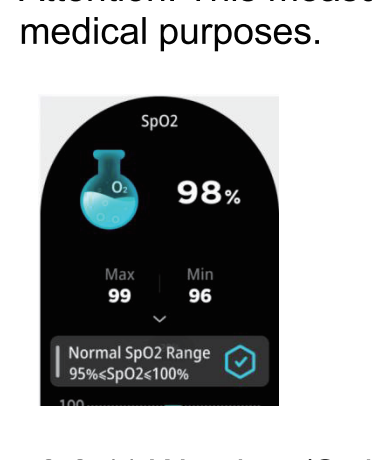
2.2.6 Bluetooth calling



2.2.7 Altitude Pressure Function (The pressure is measured by a barometer, and the altitude is converted based on the value of the barometer. The altitude may vary daily and is related to weather. The altitude function is only used for climbing, and as the altitude increases, the value will change according to how many meters the altitude increases.)

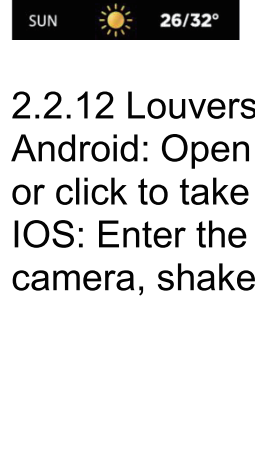


2.2.8 Compass function (requires shake calibration, please place the watch flat on a horizontal desktop during measurement)



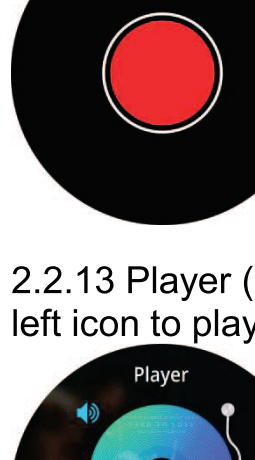
2.2.9 Blood pressure monitoring (click on the screen for monitoring)

Attention: This measurement data is for reference only and should not be used for medical purposes.

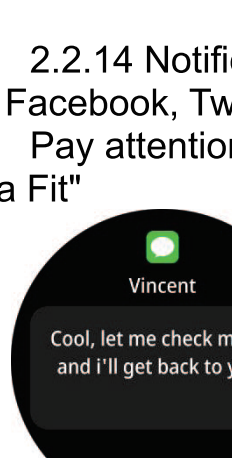


2.2.10 Blood oxygen detection (click on the screen for monitoring)

Attention: This measurement data is for reference only and should not be used for medical purposes.



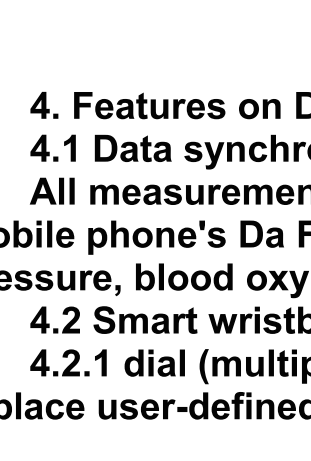
2.2.11 Weather (Swipe up the screen to view weather information for this week)



2.2.12 Louvers
Android: Open Da Fitapp, enter "shutter" from the smart bracelet, shake the bracelet or click to take a photo.
IOS: Enter the "shutter" of the smart bracelet, make sure to turn on the phone's camera, shake the bracelet or click on the icon.

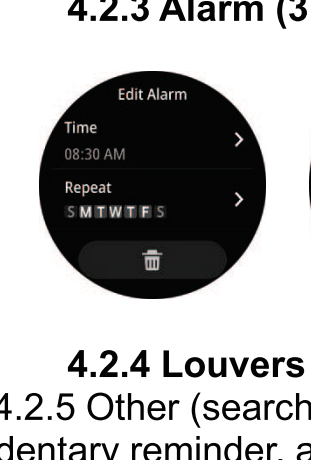


2.2.13 Player (input BT music, click the middle icon to pause or continue, click the left icon to play the previous song, click the right icon to play the next song)

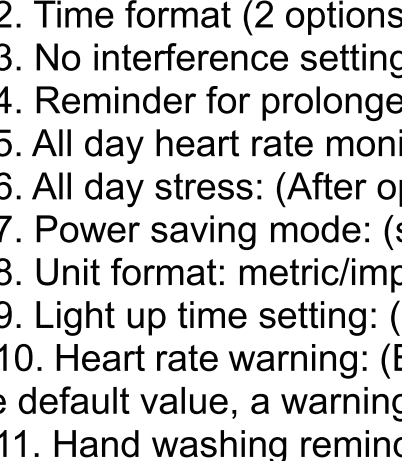


2.2.14 Notification Push (Open the Da Fitapp "Notification" social application, such as Facebook, Twitter, Skype, etc.)

Pay attention to Android phone settings: Da Fit app/notifications/accessibility, open "Da Fit"



3. Pop up menu (slide down the screen from the main dial)



Do not disturb mode
Remaining batteries
APP connection status
set up

Brightness adjustment
PM/AM display
Quick display of QR code
flashlight

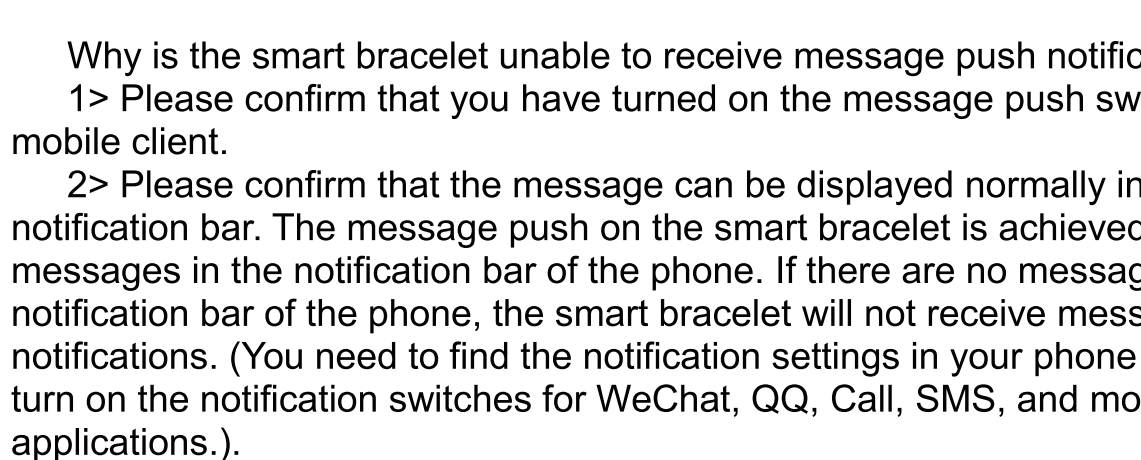
4. Features on Da FitApp

4.1 Data synchronization

All measurement data of the smart bracelet will be synchronized on the mobile phone's Da Fitapp, such as step count, sleep monitor, heart rate, blood pressure, blood oxygen, and other data, as shown in the following figure.

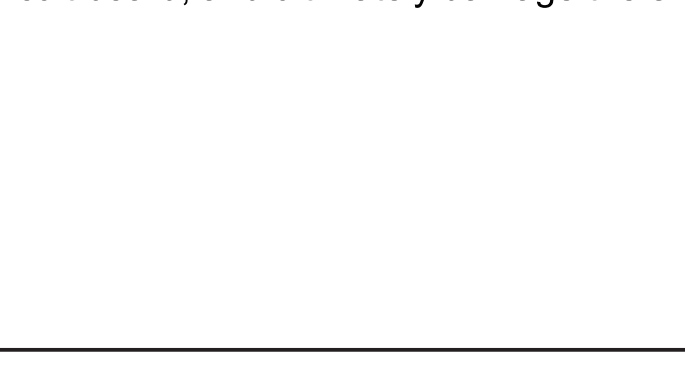
4.2 Smart wristband connection interface

replace user-defined images or photos)



4.2.2 Notification (Open social application message push, such as WeChat, Facebook, WhatsApp, Twitter, etc.)

4.2.3 Alarm (3 options)



4.2.4 Louvers

4.2.5 Other (search for my smart bracelet, time format, undisturbed time setting, sedentary reminder, all-day heart rate monitor, all-day stress, power-saving mode, unit format, on-screen time, quick screen viewing, heart rate warning, hand washing reminder, weather, drinking reminder, physiological cycle reminder)

1. Open the "Find My Watch" mode. After a successful Bluetooth connection between the phone and smartwatch, the watch will vibrate and sound

2. Time format (2 options for 12 hour and 24 hour formats)

3. No interference setting mode

4. Reminder for prolonged sitting (valid from 10:00 am to 22:00 pm)

5. All day heart rate monitor (turning it on can detect your all day heart rate)

6. All day stress: (After opening, the smartwatch will record your stress in real time)

7. Power saving mode: (screen brightness decreases, call switch is turned off)

8. Unit format: metric/imperial selection

9. Light up time setting: (The light up time can be selected between 5-30 seconds)

10. Heart rate warning: (By default, your maximum heart rate is 187BPM. If it exceeds the default value, a warning will be issued to you)

11. Hand washing reminder: (After enabling, you can customize the start time, number of hand washing times, and number of hand washing times)

12. Quick screen view: Wake up the screen (open and select a valid time period)

13. Drinking water reminder: It is recommended to drink at least 1955mL of water every day (after opening, you can customize the start time, drinking frequency, and beverage interval)

14. Weather (Open Weather, select the city you want or auto locate, and the band will display the weather of the located city)

15. Physiological cycle reminder

(Note: Please note that the above functions work on the basis of activating and saving relevant settings)

frequently asked questions

Why does the smart bracelet automatically disconnect Bluetooth when the Android screen goes off?

1> Lock the backend app. When the Da Fit process is cleared, the smart bracelet will disconnect from the phone.

2> Set app self start

3> Unrestricted backend operations. Android phones that install apps have default intelligent restrictions on background operations, and the app should be manually set without any restrictions.

Why is the smart bracelet unable to receive message push notifications?

1> Please confirm that you have turned on the message push switch on the mobile client.

2> Please confirm that the message can be displayed normally in the mobile notification bar. The message push on the smart bracelet is achieved by reading messages in the notification bar of the phone. If there are no messages in the notification bar of the phone, the smart bracelet will not receive message push notifications. (You need to find the notification settings in your phone settings and turn on the notification switches for WeChat, QQ, Call, SMS, and mobile applications.).

3> Open your phone ->Settings. Enter "Notification Usage Rights" in the top search box and reopen Da Fit. 3. Why can't take a hot bath with the smart Bracelet?

Answer: The temperature of the shower water is relatively high, and it will produce a large amount of steam. This steam forms a small molecular radius gas phase, which can easily seep into the smart bracelet through the gap between the outer shell. When the temperature drops, steam will condense into liquid droplets, which can easily cause internal short circuits in the smart bracelet, damage the circuit board, and ultimately damage the smart bracelet.